

ACTIVITY BOOKLET



NAME : _____

Kai search

Find all the delicious kai from all around the Pacific in this word find.

F K U U O G R M I V N V I D V
D A M T N L T U X O A N U V A
W V I O S U A I A K O P S Y K
F S V K P O X S A J A P A E A
V F Q O A N P L I O R H P W S
M C K R X K O W U A I A A P A
R E U P H L A K L L V K S O K
F T J J O I N I Y K G F P T E
O P O P I N A P T R I I J A R
K V F L I Z C S R O A N L I A
M R T O E P F U B F P S A Z P
P J L B S Q A K A V B A R X G
P B Y Q Z P Q U Y D Y F I M B
U A E T R T S E N H Q T K W F
H E Y H P B G W O D Z S A Z F

Sua l'a (fish soup)

Vaisalo (coconut porridge)

Sua fa'i (banana pudding)

Vakasakera (Fijian seafood dish)

Vakalolo (Fijian cassava & coconut dessert)

Otai (fruit drink)

Poke (Hawaiian tuna dish)

Faikakai topai (Tongan dessert)

Panipopo (coconut cream buns)

Sapasui (chopsuey)

In Vaimaila Urale's work *Koko & Taufolo* the artist and her family in Samoa show us how they make a special dish made from roasted taufolo (breadfruit). It's a cooking process that involves the whole family and at the end they all gather together to enjoy what they've made. Yum!

Draw some of your favourite foods on your plate and tell us where they come from.



Whakataukī scramble

A whakataukī is a proverb. Many cultures have their own special proverbs that have been passed down from generation to generation to offer wisdom and guidance.

The whakataukī and their english translations have been mixed up!

Draw a line to connect the whakataukī to their correct translation. (hint: use the gallery roomsheet to help)

Nāu te rourou, nāku te rourou
ka ora ai a tātou katoa.

First pick the highest breadfruit

Ko te kai o te rangatira he kōrero.
Conversation is the food of chiefs.

With your basket and my basket
combined we all thrive

Se'i lua'i lou le 'ulu taumamao

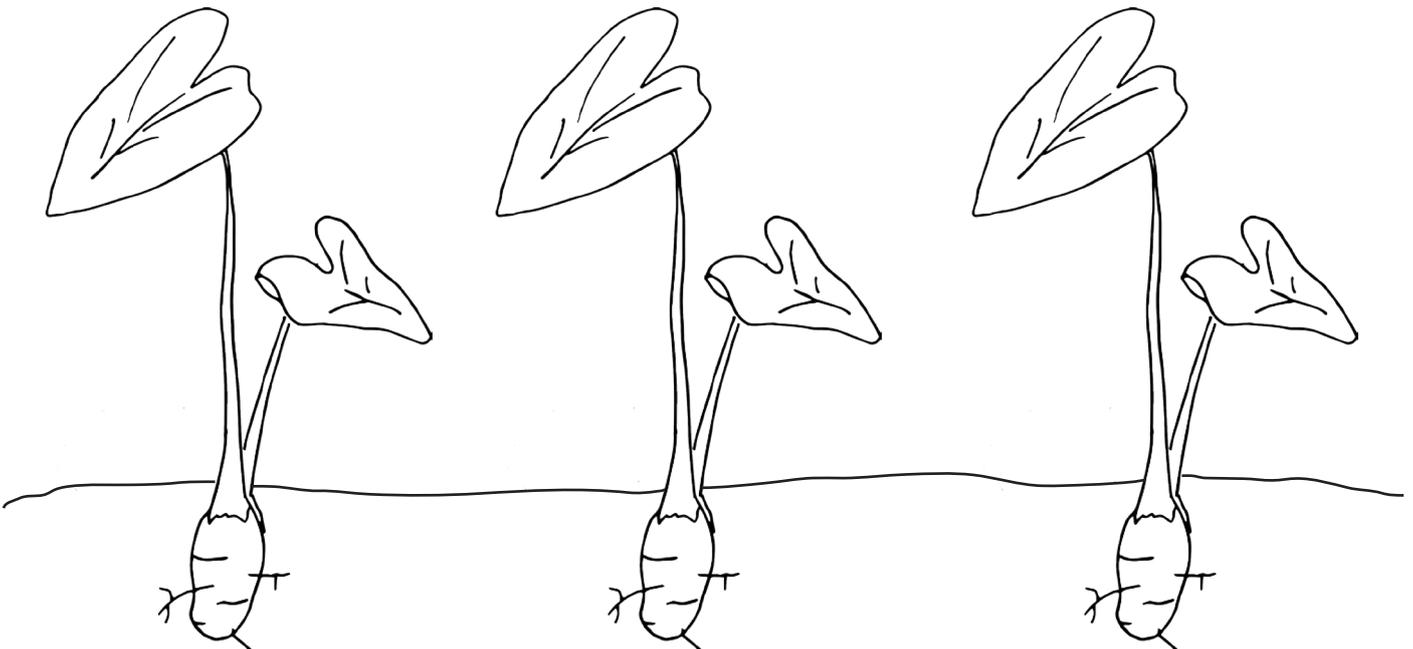
People are the foundation of a leader,
while food is the sky for the people

I maika'i ke kalo i ka 'ohā.

Conversation is the food of chiefs.

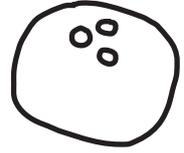
王者以民为本，民以食为天

The goodness of the taro is judged by
the young plant it produces.



Coconut crack

The coconut tree and its fruit can be used to make many things. There are three things that are listed below that you can not make from a coconut tree. Find them and cross them out.



Ropes

Coconut cream



Posts

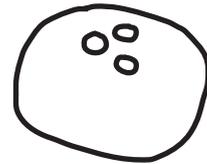
Canoes

Dye

Medicine

Computer

Jewellery



Musical instruments

Mat



Coconut milk

Telephone

Bowls



Fish hooks



Photograph

Food

Clothes

Cups



Kindling

Basket



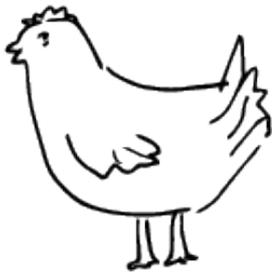
TE REO = ENGLISH



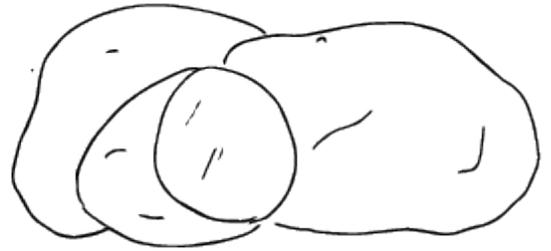
KOKONATI = COCONUT



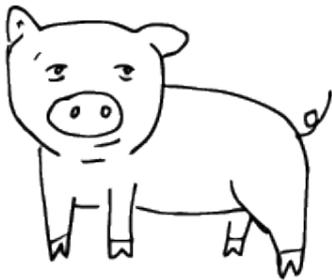
MAIKA = BANANA



HEIHEI = CHICKEN



RĪWAI = POTATO



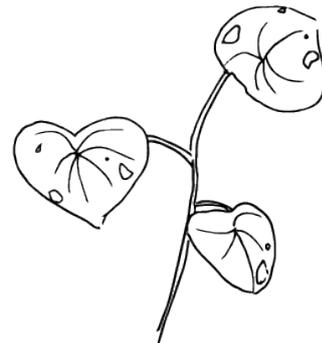
POAKA = PIG



PŪHĀ = SOWTHISTLE



IKA = FISH



KAWAKAWA = PEPPERTREE